### Erdheim-Chester Disease

**A rare histiocytic neoplasm**

Erdheim-Chester Disease (ECD) is a debilitating, underdiagnosed rare condition considered to be a slow-growing blood cancer that may originate in the bone marrow or a precursor cell.

- Histiocytes, cells that normally fight infection, accumulate in tissue and organs.
- Affects different organs in different people, yet can affect virtually every organ system.

#### Symptoms & Diagnosis

Common early symptoms may include: bone pain in legs and knees, fever, night sweats, weakness, fatigue, excessive thirst & urination, balance issues, lower back pain, bulging of the eye/vision issues, rash, shortness of breath, and heart issues.

Usually diagnosed through biopsy, scans (bone, PET & MRI), and clinical symptoms.

#### Prognosis

Unless successful treatment is found, organ failure can result.

#### Treatments

All treatments are off-label. These include gene inhibitors, immunotherapy, chemotherapy, immunosuppressants, and steroids, all of which have been used with varying degrees of success.

Recent breakthroughs identifying genetic mutations found in ECD patients are leading to targeted and effective treatments for a subset of patients.

**ECD research, with extremely limited funding, is on the forefront of science and “precision medicine,” illustrating that therapies targeting a specific genetic mutation can be effective, regardless of where a cancer originates.**
Purpose of the ECD Global Alliance
The ECD Global Alliance is dedicated to awareness, support, education, and research related to Erdheim-Chester Disease.

Raise awareness of ECD
Facilitate early diagnosis and stimulate concern and efforts to increase knowledge regarding the disease and treatments.

Provide support
Lessen the burden of those affected by ECD by providing information, referrals, and one-on-one contact with others affected by the disease.

Advocate for & support research programs
Fund and advocate for research programs to learn more about the disease and find effective treatments.

Encourage collaboration within the research, medical and pharma communities.
Facilitate information sharing between patients, caregivers, medical providers and the research community.

Share educational material
Provide current, reliable, and factual information about ECD to patients, loved ones, medical personnel, research personnel, media, and other organizations.

Promote, sponsor and conduct workshops, symposiums and other meetings to achieve the goals of the alliance.

ECD research is offering great promise, but it limited due to minimal funding. ECD patients face many challenges due to lack of physician awareness and treatment access.

www.erdheim-chester.org

Contact us: support@erdheim-chester.org
Donations: www.fundECD.org