Summary of ECD Global Alliance Internet Chat Jun 14 2014

4 Attendees

- The attendance this evening was not good. Only 3 "tuned in". Nothing of great importance was raised. A member came on afterwards and left a message.
- The weather was discussed. It was warm in the US, UK, and Norway. The member taking V
 (vemurafenib) has found that she needs plenty of sun protection, or she burns. This is a known
 side-effect of V.
- The soccer World Cup competition has now started. England has just played, and lost, their first game! Norway and the US have not got as far as the Finals. Lucky them!!
- A member is sleeping a lot in the day. His get up and go, got up and went!
- A member who has had nearly 6 months of V has a 6 month check planned. She has been doing very well, although at the start of this week she had joint pain in a couple of fingers and thumb. When that pain ended, a new pain in her foot made it painful to walk. This has interrupted her exercise. Another member has just got a recumbent exercise bike. This means that he gets to sit in a comfy chair while he is sweating!
- A member who turns wood as a hobby has been making a traditional drum for his grandson.
- A member left a message to say that she had been "running around". This was because she had a sore throat, and the local clinic won't see her because she is on Kineret. Other than the sore throat she has had some back pain, and a stiff shoulder, but "nothing too horrible".