ECD Global Alliance Internet Chat Summary 24th March 2012

6 Attendees

- One member left a message to say that he will be with us next week, but he has gone to South Carolina for birthdays.
- Another member came on who has missed a couple of weeks due to computer failure. This is now fixed. His favourite hobby, woodturning, is currently obstructed by his golf buggy, which needs moving!
- A member who has recently been taking kineret said that it seemed to controlling his ECD as well as the interferon used to. Without the debilitating side-effects!
- A member has completed his planned move to Georgia. He is still having some problems with his back.
- A number of members remarked on how tired the feel, and how this limits
 what they can do. One, who has had a new loom made ready to start
 weaving on, is finding it hard to get started on her first project. This will be a
 "get to know the new loom" project. Towels/placemats in white, with red,
 white and blue stripes.
- Apart from the comments about kineret, there were no other comments regarding ECD treatments. It was pointed out that the NIH have put some videos on You-Tube.

(See http://www.youtube.com/watch?v=BERNI92SnUw)

The member, who has just reached the grand old age of 50, reported that he
is a little bit older, and a LITTLE bit wiser. His trip, with his wife, to the
seaside, had been a success. He asked about age restrictions for
"snowbirds", and was advised that this is an over 55s club.